

# LUNCHWORKS CATERING MENU



WE OFFER A VARIETY OF SERVICES - PLEASE CONTACT US WITH YOUR REQUEST AND WE WILL CREATE A CUSTOM MENU FOR YOU.

- We cater for Breakfast / Lunch / Dinner, Meeting snacks, Platters or Hampers.
- We cater for Individuals, Small groups and for Large Groups
- We are able to supply Vegetarian / Vegan Catering
- We are able to prepare halal-friendly, purchasing meat from a certified supplier and prepared separately



## BREAKFAST & PASTRY PLATTERS

PLEASE NOTE: ITEMS LOOSE OR INDIVIDUALLY WRAPPED (WHEN POSSIBLE)

### **(V) Cocktail Breakfast Croissant Platter R495**

12 x Cocktail Croissant with Scrambled Eggs + Cheese (request quote for other fillings)

### **Salmon & Egg Cocktail Croissant Platter R695**

12' Cocktail Croissants with Scrambled Eggs + Smoked Salmon

### **(V) Cocktail Breakfast Bun Platter R495**

12 x Cocktail Rolls with Scrambled Eggs + Cheese (request quote for other fillings)

### **(V) Pastry Platter R319**

- 12 x large pastries of your choice - butter croissant, maple pecan danish, pain au chocolate

### **Cocktail Pastry Platter R319**

- 24 x cocktail danish pastries

### **(V) Cocktail Scones Platter R319**

24' pc Scones platter with Jam + Whipped Cream + Berries

### **(V) Cocktail Muffin Platter R195**

12' Cocktail Muffins of your flavour choice - Blueberry, Banana, Cappuccino, Chocolate, Apple Cinnamon

### **(V) Large Muffin Platter R319**

12' Cocktail Muffins of your flavour choice - Blueberry, Banana, Cappuccino, Chocolate, Apple Cinnamon

### **Cocktail Smoked Salmon Bagel Platter R595**

10' Cocktail Bagels with the Cream Cheese + Smoked Salmon + Capers

## BREAKFAST & PASTRY PLATTERS CONT...

### **Cocktail Meat Bagel Platter R529**

5' Cocktail Bagels with the Cream Cheese + Ham & Cheese + Tomato

5' Cocktail Bagels with the Cream Cheese + Roast Beef + Pickle

### **(V) Sweet Tartlet platter R275**

24' pc Assorted Bite Size Tarts Platter

Pecan, Lemon Meringue, Apple Crumble, Milk Tart

### **(V) Yoghurt Breakfast Cup**

Yoghurt + Honey + Muesli Cup R39

Fresh Fruit + Yoghurt + Honey + Muesli Cup R53

(VGN) Fresh Fruit Cup

Fresh Berries + other seasonal fruits in a cup R53



## MEAT PLATTERS

WE CAN ADJUST THE SIZE OF THE PLATTERS TO SIZE OF THE PARTY

### **(GF) Meat Skewer Platter R395.00 (Serves 4)**

16 x Cajun Chicken, Chorizo and Roasted Red Pepper Skewers

16 x Italian Herbed Meatball Skewers

16 x Peri-Peri Chicken & Pineapple Skewer

### **Cocktail Beef Sliders Platter R395.00 (Serves 4)**

4 x Mini Free-Range Beef Burgers with Cheddar and Onion Marmalade

4 x Mini Free-Range Beef Burgers with Mozzarella and Peppadews

4 x Mini Free-Range Beef Burgers with Feta & Sweet Chilli Sauce

### **Cocktail Chicken Sliders Platter R395.00 (Serves 4)**

4 x Parmesan Crumbed Sliders

4 x Cajun Spiced + Cheddar Sliders

4 x Peri-Peri & Tomato Sliders

### **Cocktail Ostrich Sliders Platter R395.00 (Serves 4)**

4 x Ostrich & Cheese + Onion Jam Sliders

4 x Ostrich & Cheese + Tomato Salsa Sliders

4 x Ostrich & Cheese + Crispy Jalapeño Slider

### **Cocktail Lamb Sliders Platter R515.00 (Serves 4)**

12 x Lamb & Mint + Tzatziki Sliders

## MEAT PLATTERS CONT...

### **Cocktail Pulled Pork Sliders Platter R395.00 (Serves 4)**

12 x Pulled Pork + Coleslaw Sliders

### **Cocktail Pulled Beef Sliders Platter R395.00 (Serves 4)**

12 x Pulled Beef + Home Fermented Sauerkraut

### **Cocktail Fishcakes Platter R415.00 (Serves 4) GF option available on request.**

30 x Panko - Crumbed Mini Hake, Smoked Salmon and Pea Fishcakes served with Lunchworks Tartar Sauce

### **Hake Goujons Platter R415.00 (Serves 4)**

30 x Japanese Panko-Crumbed Hake Strips, served with Lunchworks Tartar Sauce and Lemon Wedges

### **Chicken Strips Platter R395.00 (Serves 4) GF option available on request.**

30 x Japanese Panko & Parmesan-Crumbed Chicken Strips served with Sweet Chilli Mayo

### **Open Sandwich Platter R385.00 (Serves 4)**

4 x Free-Range Egg Mayo (V)

4 x Roast Beef, Wholegrain Mustard Mayo and Mini Pickles

4 x Tuna Mayo

4 x Free-Range Chicken Mayo

### **Wrap Platter 20pc R385.00 (Serves 4) Fully Vegetarian or Vegan wrap platter available on request**

\*Cheese Tomato Pesto (V) / Roast Chicken Mayo / Chicken Schnitzel / Coronation Chicken



## canapés - BITE SIZE ITEMS

### **(GF, Banting) Smoked Salmon Canapés R369**

24 x Smoked Salmon + Cream Cheese + Cucumber Canapés

### **(V) Pecan Nuts + Blue Cheese Cream Cheese Canapés R369**

30 x Pecan, Grapes & Blue Cheese Cream Cheese Canapés on Rye

### **Roasted Beef + Horseradish Cream Cheese Canapés R369**

30 x Roasted Beef Canapés on Rye + Pickles

### **(GF, Banting) Bun-less Banting Burger Canapés R419**

24 x Bun-less Beef (or Lamb/Ostrich) Burger - Canapés with Assorted toppings

### **(GF) Prawn & Virgin Bloody Mary Shooters R639.00 (R395 VGN - no shellfish)**

20 x Prawn & Shrimps Virgin Bloody Mary Shooters with Celery Stick

### **(GF) Beef Steak on Crispy Lettuce Canapé R519**

16 x Seared Sirloin Steak on the Crispy Lettuce + Salsa Verde with Capers & Lemon Juice

## VEGETARIAN / VEGAN PLATTERS



### **(VGN) Vegan Platter R395.00 (Serves 4)**

16 x Japanese Panko Crumbed Smokey Sweet Potato, White Bean, Quinoa & Seeds Croquettes

8 x Bruschetta with Hummus + Olives & Tomatoes

16 x Marinated Mushroom Skewers with Balsamic Drizzle and Sesame Seeds

### **(V) Cocktail Mushroom Sliders Platter R395.00 (Serves 4)**

12 x Roast Mushroom + Peppers + Cheddar Cheese Sliders

VGN prepared on request

### **(VGN) Cocktail Smokey Sweet Potato, Quinoa & Seeds Sliders Platter R395.00 (Serves 4)**

12 x Smokey Sweet Potato, White Bean, Quinoa & Seeds Sliders + Tomato & Onion Salsa + Onion Jam

GF prepared on request (Sweet chilli sauce & Sesame Seed coated)

### **(VGN, GF) Vegan Deluxe Platter R395.00 (Serves 4)**

16 x Marinated Mushroom Skewers + Balsamic Drizzle + Sesame Seeds

16 x Sushi Rice + Sweet & Sour Ear of the Wood Mushroom + Pickled Ginger

16 x Cherry Tomato + Basil + Pesto Drizzle

16 x Smokey Sweet Potato, White Bean, Quinoa & Seeds Croquettes



## SALAD PLATTERS

Meat-free, dairy free salads on request, R395.00 (Serves 4-8)

### (GF) GREEN CHICKEN SALAD

- With Leaves, Cucumber, Green Beans, Peas, Pesto Dressing and Black Sesame Seeds

### (GF) GREEN TUNA SALAD

- With Leaves, Cucumber, Green Beans, Peas, Pesto Dressing and Black Sesame Seeds

### (GF) TANGY CHICKEN SALAD

- With Peppers, Tomato, Cucumbers, Leaves, Carrot, Peppadew, Feta, Tangy Mayo Dressing and Toasted Sunflower Seeds

### (GF) TUNA SUPERBOWL

- with Quinoa, Broccoli, Cauliflower, Butternut, Green Beans, Avo, Feta and Lemon Oil Dressing

### (V, GF) RUBY QUINOA SALAD

- With Broccoli, Cauliflower, Green Beans, Feta, Avo, Toasted Pumpkin Seeds, Kidney Beans and Beetroot Dressing

### (V, GF) BANTING SALAD

- With roasted butternut, green beans, peppers, baby spinach, pumpkin seeds, feta

## DESSERT PLATTERS



### (V) Sweet Platter R319 (Serves 4-8)

8 x Dark Chocolate and Pecan Brownie Squares

8 x Honey Oat Crunchies

8 x Fruit Skewers

8 x Chocolate Chip & Hazelnut Cookies

### (V) Sweet Tart platter R275

24' pc Assorted Bite Size Tarts Platter

Pecan, Lemon Meringue, Apple Crumble, Milk Tart

### (VGN) Fruit Skewer platter R415

40' pc Bite Size Seasonal Fresh Fruit Skewers

## pre-packed snacks



50G DRY MANGO SLICES R36  
50G DRY APPLE CHUNKS R22  
50G CORN KERNELS - CHUTNEY R12  
50G FRUIT DAINTIES R12  
50G WASABI COATED PEANUTS  
50G CARAMEL POPCORN R16  
45G BILTONG R35  
50G JELLY BEANS R14,50



## SANDWICH BAGS

BUILD YOUR BAG, ADD ANY OTHER SNACKS & DRINKS

(request drinks you require)

- CHOOSE WHITE / 50% RYE / LIGHT CIABATTA / WRAP R65

CRUMBED SCHNITZEL + MAYO + TOMATO / CHICKEN MAYO + CHEESE  
TUNA MAYO + PICKLES + SWEET CORN / (V) TOMATO + CHEESE + LETTUCE + PESTO  
(VGN) ASIAN SLAW + PICKLED GINGER + CASHEWS + SWEET CHILLI & SOY

CAJUN CHICKEN + CHEESE + TOMATO + JALAPEÑO

CORONATION CURRIED CHICKEN + TOASTED ALMONDS + CORIANDER

## PLEASE NOTE

PLEASE REQUEST A QUOTE ON ANY OTHER CATERING YOU REQUIRE

PRICES MIGHT CHANGE AT SHORT NOTICE DUE TO MARKET PRICE INCREASES

CROCKERY / CUTLERY & OTHER EQUIPMENT RENTAL ASSISTANCE AVAILABLE ON REQUEST  
WE SUPPLY HOT & COLD BUFFET & PREPACKAGED MEALS TO SMALL & LARGE PARTIES